

What you can do?

We need your valuable contribution toward the work of our charity, join one or more from the following options:

Please complete this form and return to:

ICA

Freepost NAT21599

London W6 9BR

Name in full:

Address:

Postcode

Telephone:

Email:

- I would like to become a volunteer, please contact me
- I would like to become one of your supporters, please contact me
- I would like to form a local group, please contact me
- I would like to raise funds locally, please contact me